



## **Cornerstone Nurseries Sun Protection Policy**

As a nursery we have 4 main principles when it comes to sun safety...

### **1. Sun Cream**

All children must wear high factor sun cream (we provide factor 50, if parents insist on using their own sun cream we accept no lower than factor 30).

### **2. Sun Hats**

All children must wear hats, preferably a wide brimmed sun hat. We ask that parents name these.

### **3. Shade**

We stay in the shade between 11am-3pm in the Summer months.

### **4. Hydration**

Stay Hydrated, we take the children's water bottles outside with us and ensure they are always regularly topped up and that children are drinking.

All children are required to have sun cream applied to be able to experience the outdoors during the hot months. As a nursery we purchase supplies of high factor sun cream and ask parents to make a contribution for the entire Summer. If the children are unable to use our sun cream due to allergy or eczema for example, parents must provide their own for their child.

The nursery asks that all parents who have chosen to provide their own sunscreen must bring the sunscreen by the end of March each year, it must be a factor 30SPF or higher and it must be in a new, sealed, original bottle and clearly labelled with the child's name. Once the sunscreen has been provided we ask for it to stay at nursery for the entire summer and will inform parents when it is running low.

Any parents who do not give permission for staff to apply sun cream or have not provided sun cream for their child will be informed that their child/ren will not be able to go outdoors.

During the spring months (March-May) some mornings and evenings may be cooler enough for the staff not to have to apply sunscreen when going into the garden but this will be judged on a professional level by the team manager based on the advised UV levels.

Staff will apply the sunscreen a minimum of 30 minutes before taking the children outdoors. While the children are outside sun cream will be reapplied throughout the day when needed due to the hot sun.

During the summer months, when the sun is at its hottest, we avoid being outside during the hottest part of the day for too long without being in a shaded area, usually between the hours

of 11:00am - 3:00pm, but longer in exceptionally hot weather. We will monitor children for signs and symptoms of being too hot and if we feel they would benefit from coming inside out of the sun then we'll bring the child/ren indoors.

The nursery asks that all parents supply a sun hat for their children, preferably a wide brimmed hat or a legionnaire style cap which covers the back of the neck & these should be clearly named please. Each room will have a labelled box for all the hats and sun creams to be stored in. We ask that as a precaution against sunburn, vest tops & sleeveless dresses be avoided.

The children will be able to access fresh drinking water throughout the day including during garden time.

If children were to come into Nursery with signs of sunburn, parents would be required to sign an existing injuries form, this is to show that the sunburn did not happen whilst the child was in the care of Cornerstone Nurseries.

Reviewed 22/03/24 Review Annually